



integrative acupuncture

Tools for Dry Needlers

Do you want to broaden your approach when needling?

Would you like to learn some other techniques with needling that are not just focused on “releasing tight structures”?

Would you like to learn how to enhance the effectiveness of your dry needling and apply it to chronic disease and pain?

In Dry Needling you are taught extensively about how to needle to modulate pain and release tight tissues, but in Acupuncture Oriental Medicine we use this plus another very essential method that helps to strengthen the system and promote healing called ‘tonification’.

Symptoms in Integrative Acupuncture are seen as being at the tip of the iceberg, what lies below the surface is in fact the driver of the dysfunction, especially in chronic problems. This one day workshop we will explore these systemic drivers to pain and movement dysfunction from an Integrative Acupuncture perspective and introduce methods of addressing these through a balance of dispersion and tonification needling methods.

This workshop will comprise some theory but will be primarily practice focused.

In this workshop we will aim to:

- introduce this simplified IA methodology
- introduce another approach to palpation skills, knowing what to look for
- integrate our manual therapy skills with the application of precise IA style needling, addressing especially the fascia planes.

The minimal requirement to attend this workshop is completion of at least a Level 1 Dry Needling Course.

When: Saturday June 9, 2012

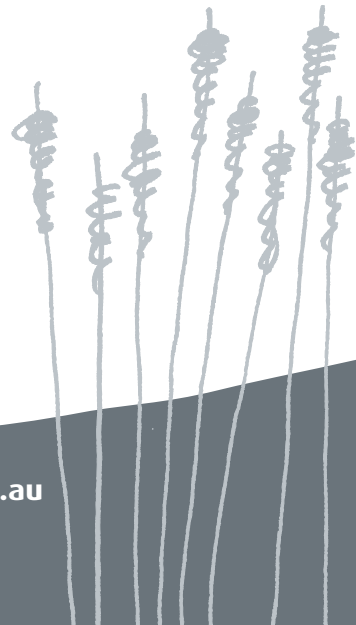
Where: Sturt Road Physio – 9 Sturt Rd. Brighton SA.
www.sturtroadphysio.com.au/contact.php

Time: 9.00 am to 5.00 pm

Cost: \$250 for ASAP members or \$300 for non ASAP

Numbers are strictly limited so please enroll early to ensure a place

Morning and afternoon tea will be provided, lunch venues are accessed easily by foot.



Enquiries: Kate Kennedy on 0433 004 601 or paula@integrativeacupuncture.com.au

More Information is available at www.integrativeacupuncture.com.au



integrative acupuncture



Tools for Dry Needlers

Course Enrolment

Method 1

Send a cheque to ASAP C/O SWR Physiotherapy Clinic
Crn Short & Orara Streets, South West Rocks NSW 2431
Detail name, email and mobile phone number

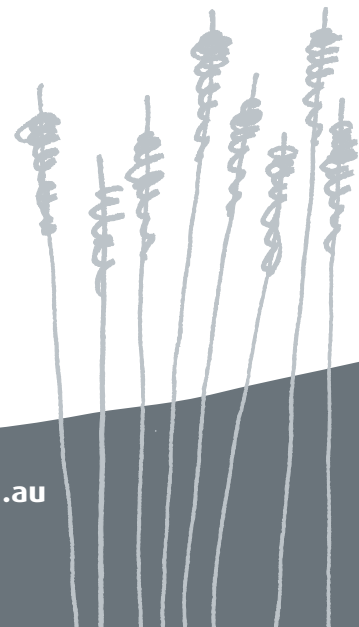
Method 2

Direct deposit to: Holiday Coast Credit Union,
Account Name: ASAP
BSB: 802-214 Acc No: 75161
Identify yourself by name
Submit receipt number by email to swrphysio@tsn.cc with your name, email and mobile phone number.

Life Membership of ASAP is only \$50 so consider joining.

Membership is restricted to physiotherapists.

Please do not assume attendance until you have paid and received confirmation!



Enquiries: Kate Kennedy on 0433 004 601 or paula@integrativeacupuncture.com.au
More Information is available at www.integrativeacupuncture.com.au